



A Natural Option for Mild to Moderate OAB & LUTS



Utiva provides a portfolio of natural supplements that are clinically proven to help maintain a healthy bladder and urinary tract. We've recognized the need for a natural option to help manage mild to moderate overactive bladder (**OAB**) and lower urinary tract symptoms (**LUTS**), with little to no side effects. As a result of clinical trial data, we have developed an exciting new product - **Utiva Bladder Health**, which may help delay or eliminate the need for medication.^{1*}

Utiva Bladder Health

What is it?

At the core is a proprietary full-spectrum cranberry extract (Flowens®). The patent-pending extraction process creates a unique blend of the seeds, skin, flesh, and juice optimized for urinary health. Its benefits are supported by strong clinical results and presents little to no side effects.^{1*}

How does it work?

It is believed that through an indirect immune, antioxidant, and anti-inflammatory response, there is an improvement to the microbiome, thereby reducing the onset of inflammation and having a positive impact on the relief of OAB & LUTS symptoms.^{1*}

What's the Evidence?

A randomized controlled trial led by Dr. Bilal Chughtai (Urologist, NY) with 77 patients over 24 weeks, taking 500 mg daily of this proprietary cranberry extract, had similar positive results to various pharmaceutical products.

- **57%** reduction in urgency episodes.^{1*}
- **40%** reduction in patient perception of bladder being full.^{1*}
- **16%** reduction in daily urination.^{1*}
- No significant adverse events.^{1*}

Health Claims

Utiva Bladder Health has been approved by Health Canada for 13 separate health improvement claims for OAB and LUTS, including:

OAB	<ul style="list-style-type: none"> • Helps reduce the daily number of urgency episodes • Helps reduce overactive bladder
LUTS	<ul style="list-style-type: none"> • Helps to support normal urinary function • Helps to improve lower urinary tract symptoms

When to Prescribe?

As a first line treatment prior to pharmaceutical or surgical intervention.	✓	As an option if pharmaceutical side effects are intolerable.	✓
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Recommended Dose:

OAB: 2 capsules daily (500 mg)	LUTS: 1 capsule daily (250 mg)
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Supplement Facts Serving Size: 2 Capsules Servings Per Container: 30	Amount Per Serving 500 mg	Flowens® proprietary full spectrum powdered cranberry fruit and seeds, (<i>Vaccinium macrocarpon</i>), 250 mg.	† Daily Value not established.
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Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, rice flour.



“Through my clinical research on patients with overactive bladder, I believe the proprietary blend of cranberry in Utiva Bladder Health is safe and has efficacy comparable to other common medications for OAB. It helps in treating symptoms of OAB by reducing urinary urgency episodes and frequency.”

- Dr. Bilal Chughtai, Urologist, NY



Vegan



Gluten free



GMO free



Halal



Made in Canada

Contact us for samples, materials, or to join our mailing list for physician led webinars

hcp@utivahealth.com | 1-888-622-3613 | www.utivahcp.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Cho et al. (2021). Efficacy of Daily Intake of Dried Cranberry 500 mg in Women with Overactive Bladder: A Randomized, Double-Blind, Placebo Controlled Study. The Journal of Urology, 205(2), 507–513.